

## 1. Label the problem behavior

- The student has a problem with...

## 2. Describe the problem behavior

- Who is involved?
- What kinds of behaviors are exhibited?
- When does the problem behavior occur?
- Are there any “ticks” or signs that indicate the behavior is about to occur?
- Who experiences the behavior as problematic?

## 3. Ask why

- Ask yourself (the teacher, parent, adult) why this behavior might be happening.
- If appropriate, ask the student to explain their ideas or thoughts about the behavior.

## 4. Brainstorm specific interventions

- Brainstorm specific interventions and strategies that have a likelihood of improving behavior.
- Utilize peers and print resources for additional ideas
- Narrow the interventions to between 3-5. Refer to steps 2 and 3 when considering interventions.
- Don't duplicate or continue use of previously-used interventions that have been unsuccessful.

## 5. Implement specific interventions

- Create a timeline for implementation
- Communicate with parents, the student, school administration, and any adult that may be impacted by the intervention(s).
- Reflect on a weekly basis and adjust as needed.
- Provide specific feedback to the student throughout the process.